

Full Student Findings

What Did Participants Learn?

We used the same format as the student survey to assess changes in participants' knowledge and practice, substituting different questions relevant to their roles. We also asked open-ended questions about how practitioners saw their practice change as a result of their participation in the Managing Stress to Improve Learning project.

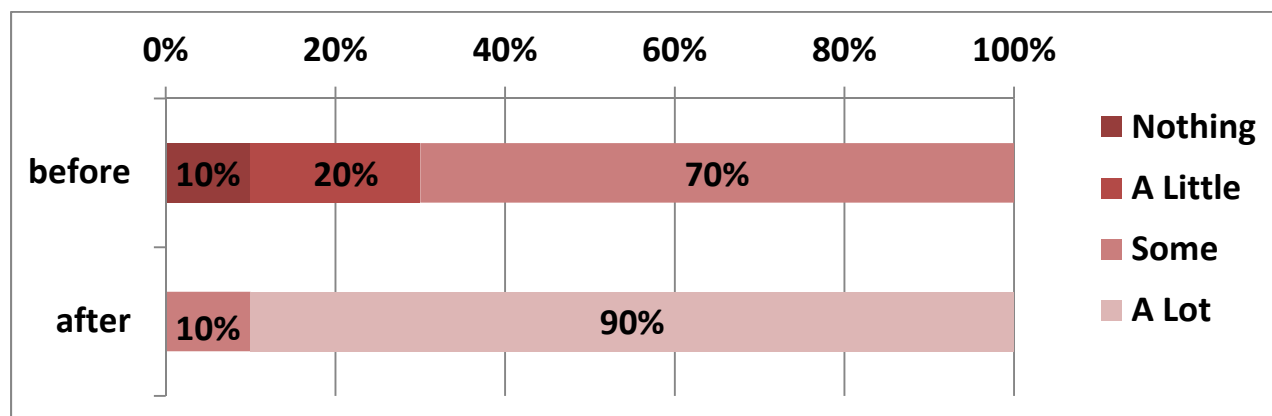
The charts below illustrate a significant change in every area.

The written responses to the open-ended questions reveal a rich, multi-layered set of responses impossible to get from the numbers alone. We have included the written responses at the end of this section.

n=10

1. Before/after participating in Managing Stress to Improve Learning, how much did/do you know about the role of chronic stress, trauma, and negative life events on learning, memory, and classroom participation?

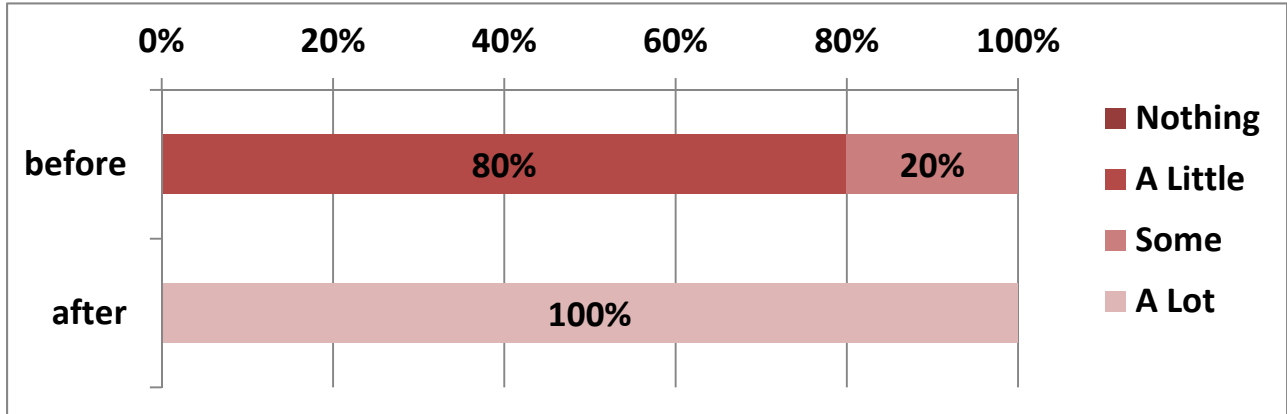
	before	after
Nothing	1	0
A Little	2	0
Some	7	1
A Lot	0	9



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2. Before/after participating in Managing Stress to Improve Learning, how much did/do you know about using a repertoire of classroom activities, strategies, and resources for promoting mental health of adult learners?

	before	after
Nothing	0	0
A Little	8	0
Some	2	0
A Lot	0	10



3. Before/after participating in Managing Stress to Improve Learning, how much did/do you know about culturally appropriate community mental health and other human services relevant to your students?

	before	after
Nothing	0	0
A Little	3	0
Some	6	3
A Lot	1	7

